

If you've read my story, you know I didn't arrive here by accident.

I've been the queer child. The confused teen. The adult trying to mute parts of myself just to survive. The parent terrified of getting it wrong. The physician who didn't know or understand enough. And now, the coach walking alongside families every day.

So before you click away, let me say this clearly: If you feel overwhelmed right now... nothing is wrong with you.

You're not being dramatic. You're not over exaggerating. You're not too sensitive. You're carrying too much, and that is overwhelming.

When you're LGBTQ+ — or loving someone who is — life gets heavier in ways most people never see. You're constantly explaining, protecting, researching, second-guessing, worrying about safety, trying to say the right thing, trying not to say the wrong thing, and wondering if this doctor, this teacher, this workplace, or this family member will understand.

That kind of vigilance is exhausting. Of course you're spinning. Anyone else would be. That's where Pride Corner comes in.

Not therapy. Not diagnosis. Not prescriptions. Not surgery. There'll be no shaming, no disrespect and no othering.

Just a steady, affirming adult in your corner. Someone who understands both the system and the story. Someone who can help you slow down, breathe, and take the next right step.

Led by Dr. Lulu — Pediatrician • Life Coach • Veteran • Parent of a trans young adult.

I've lived this personally and professionally. I've made the mistakes, so you don't have to. And most importantly, you don't have to do this alone...anymore.

When you're ready:

Join **Pride Corner**

Join **MOMM** community

Refer someone you love

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